READING TEXTBOOKS - SQ4R METHOD

Prepare
Fold several sheets of paper down the center vertically. Write “Question” at the top of the left column and “Answer” at the top of the right column.

THE STEPS OF SQ4R

S - SURVEY
Glance over the bold headings in the chapter. Read the abstract, summary, and study questions. This step will take about 10 minutes. Steps 2, 3, 4, and 5 will take about 45 minutes for an average chapter.

Q - QUESTION
Turn the first bold heading into a question. Write the question in the left column of the page. Ask who, what, when, where or how.

R - READ
Now read with the definite purpose of finding the answer to the question. Read only from one main heading to the next.

R - RECITE
When you have finished reading this part, look away from your book and briefly recite the answer(s) to your question.

R - W(R)ITE
In the right column of the page, jot down the answer(s) to your questions - just enough to jog your memory when you review.

R - REVIEW
When you have finished the chapter, look over your notes to get an overall view of the major points. Fold the paper and quiz yourself by asking the questions. Check the answer side and see if you know the answer. Review your notes briefly once each week and before a test.

What can I expect from SQ4R?
You will be able to:
- pick out the important points quickly.
- predict quiz and test questions.
- remember more of the material longer.
- understand difficult material better.

You will have created study sheets to prepare for tests.

For more information, visit or call your nearest Rutgers Learning Center, or visit our website: http://rlc.rutgers.edu
Camden          College Ave         Livingston          Newark
Armitage 231    Kreeger LRC         Cook/Douglass       Conklin 126
856/225-6442    732/932-1443      Lorre 124            973/353-5608
732/932-1660    732/445-0986
READING TEXTBOOKS - SQ4R METHOD

Prepare
Fold several sheets of paper down the center vertically. Write “Question” at the top of the left column and “Answer” at the top of the right column.

THE STEPS OF SQ4R
S - SURVEY
Glance over the bold headings in the chapter. Read the abstract, summary, and study questions. This step will take about 10 minutes. Steps 2, 3, 4, and 5 will take about 45 minutes for an average chapter.

Q - QUESTION
Turn the first bold heading into a question. Write the question in the left column of the page. Ask who, what, when, where or how.

R - READ
Now read with the definite purpose of finding the answer to the question. Read only from one main heading to the next.

R - RECITE
When you have finished reading this part, look away from your book and briefly recite the answer(s) to your question.

R - WRITE
In the right column of the page, jot down the answer(s) to your questions - just enough to jog your memory when you review.

R - REVIEW
When you have finished the chapter, look over your notes to get an overall view of the major points. Fold the paper and quiz yourself by asking the questions. Check the answer side and see if you know the answer. Review your notes briefly once each week and before a test.

What can I expect from SQ4R?
You will be able to:
- pick out the important points quickly.
- predict quiz and test questions.
- remember more of the material longer.
- understand difficult material better.

You will have created study sheets to prepare for tests.

For more information, visit or call your nearest Rutgers Learning Center, or visit our website: http://rlc.rutgers.edu

Camden College Ave
Armitage 231 Kreeger LRC
856/225-6442 732/932-1443
Cook/Douglass
732/932-1660
Livingston
Tillett 111
732/445-0986
Newark
Conklin 126
973/353-5608