

# Rutgers Learning Centers

At Camden Campus

## READING TEXTBOOKS - SQ4R METHOD

### Prepare

Fold several sheets of paper down the center vertically. Write "Question" at the top of the left column and "Answer" at the top of the right column.

### **THE STEPS OF SQ4R**

#### **S - SURVEY**

Glance over the bold headings in the chapter. Read the abstract, summary, and study questions. This step will take about 10 minutes. Steps 2, 3, 4, and 5 will take about 45 minutes for an average chapter.

#### **Q - QUESTION**

Turn the first bold heading into a question. Write the question in the left column of the page. Ask who, what, when, where or how.

#### **R - READ**

Now read with the definite purpose of finding the answer to the question. Read only from one main heading to the next.

#### **R - RECITE**

When you have finished reading this part, look away from your book and briefly recite the answer(s) to your question.

#### **R - W(R)ITE**

In the right column of the page, jot down the answer(s) to your questions - just enough to jog your memory when you review.

#### **R - REVIEW**

When you have finished the chapter, look over your notes to get an overall view of the major points. Fold the paper and quiz yourself by asking the questions. Check the answer side and see if you know the answer. Review your notes briefly once each week and before a test.

### **What can I expect from SQ4R?**

You will be able to:

- pick out the important points quickly.
- predict quiz and test questions.
- remember more of the material longer.
- understand difficult material better.

You will have created study sheets to prepare for tests.

For more information, visit or call your nearest Rutgers Learning Center, or visit our website:<http://rlc.rutgers.edu>

Camden  
Armitage 231  
856/225-6442

College Ave  
Kreeger LRC  
732/932-1443

Cook/Douglass  
Loree 124  
732/932-1660

Livingston  
Tillett 111  
732/445-0986

Newark  
Conklin 126  
973/353-5608

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