

# Rutgers Learning Centers

At Camden Campus

## LEARNING STYLE: LOCUS OF CONTROL

Your motivation and your attitude, positive or negative, toward college, work, instructors, and your abilities may depend on your *locus of control*. *Locus* means place. Your locus of control is where you place responsibility for control over your life.

Check *yes* if you agree with a statement; check *no* if you do not agree.

**Yes    No**

1.     If I can do the work, I can get a good grade in any course no matter how good or bad the instructor is.
2.     If the teacher isn't a good speaker or doesn't keep me interested, I probably won't do well in the class.
3.     I believe that I have the power to control what happens to me.
4.     I believe that I have very little control over what happens to me.
5.     When I make a mistake, it's usually my fault.
6.     When I make a mistake, it's usually because someone didn't make clear to me what I was supposed to do.
7.     My grades are the result of how much studying I do.
8.     My grades don't seem to be affected by the amount of studying I do.
9.     I can adapt easily to a change of plans or events.
10.    Adapting to change has always been difficult for me. I like things to be as predictable and orderly as possible.
11.    When I fail a test, it's either because I didn't study or I didn't understand the material.
12.    When I fail a test, it's either because the test was unfair or the instructor didn't cover the material.
13.    I usually don't need anyone to push me or make me study.
14.    I can't seem to make myself study.
15.    I am a self-motivated person.
16.    I need someone to motivate me.

- from *The Confident Student*, Carol Kanar, Houghton Mifflin Co., 1991.

For more information, visit or call your nearest Rutgers Learning Center, or visit our website:<http://rlc.rutgers.edu>

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